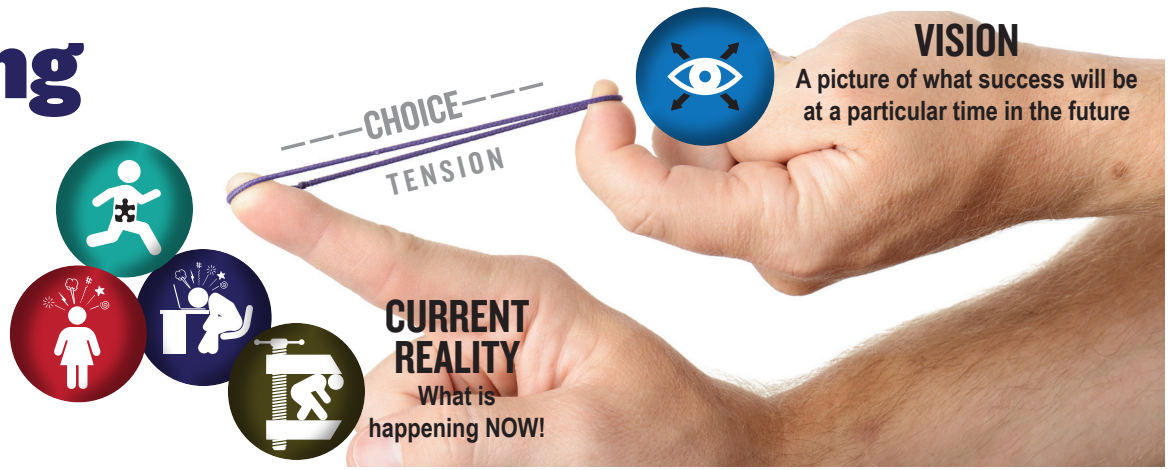


Creating Your Future



VISION

A picture of what success will be at a particular time in the future

CURRENT REALITY

What is happening NOW!

1

Ask Questions

1. What would you like to do better?
2. What challenges might be on your mind?
3. What do you wish worked better?
4. Who has been on your mind lately?
5. Why have these individuals been on your mind lately?
6. What objectives would you like to meet?
7. Scan your life. What opportunities might you like to take advantage of?
8. Imagine yourself in time one year from today. What are your goals, dreams, wishes, visions you can begin work on in the next year?
9. You have just been given a magic wand and any wishes in relation to any aspects of your life can come true. What might those ideal goals or wishes for your life be?

2

Select Your Vision

- Select One or Two Should be:
- Compelling
 - Exciting
 - Something you would be willing to work on
 - Stretches you
 - Sparkles at you or even jumps off the page at you

3

Re-Write Your Vision

- Write out your vision. Begin with the words:
- "I am..." "I have..." "I do..."
- DO NOT SAY "I am going to..."

4

Check Your Vision

- Own Your Vision:
- Personal Responsibility
 - Desire
 - Belief
 - Acceptance
 - INTENTION
- Your Vision Must:
- Phrased in the present, not the future
 - Be positive
 - Relatively simply; be able to picture it
 - Create something new
 - Something you really want

8

Build Your Vision Map

- Review responses from Step 7.
- Select the top four items that are stopping you from achieving your desired vision
- Generate actions to overcome what is stopping you
- Fill in the remaining spots in your Storyboard from Step 6.

5

Describe Your Vision

- Your Vision should never be about money
- "I am..." "I have..." "I do..."
- DO NOT SAY "I am going to..."
- Describe in the present tense as if you were living it now.

7

What's Stopping You?

1. Team up with another person: Person A (you/vision teller) & Person B
2. Describe your Vision to Person B.
3. Person B asks "what is stopping you from accomplishing your Vision?"
4. Write down the responses.
5. Ask 10 times. Should have 10 responses.
6. Switch roles.

6

Storyboard Your Vision

1. Draw out six boxes similar to icon above.
2. In box #1, put your current reality
3. In box #6, put your desired vision
4. Leave all other boxes (#2-#5) blank for now.

